



CERTIFICATE OF PARTICIPATION

This is to certify that

Kahn Langford

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:24:23

PACE 06:16/km

GENDER 166 of 563

OVERALL 209 of 834

40+ 46 of 161

08 July 2023, Sat

Date



BoutTime

Signature

